



## Culture and Person-Centered Practice Video Series

### Reshaping Person-Centered Planning to What It Should Be

#### Introduction

NCAPPS made a video series called [Culture and Person-Centered Practices](#). The videos are posted on the NCAPPS YouTube channel. In these short videos, people tell their stories about what culture and person-centered practices mean to them. This is a summary of their stories.

#### Ketrina (“Trina”) Hazell

Trina is Caribbean-American. In Caribbean culture, many people with disabilities are kept at home. In Caribbean culture, disability is viewed with a sense of shame or pity. It is like a curse.

Trina says that when she was planning for life after school it was not very person-centered. “They didn’t know how much potential I had. They didn’t take the time to get to know me.” When people ask about what is important her it brings them closer to her. Now she has a huge support team.

Trina wants people to remember that “People with disabilities are human and we have dreams and goals, too.”